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'Mysuru to be Health Hub'

Former Health Minister Dinesh Gundu Rao inaugurates 'MYHOPE - 2026 Conference on Mysore Hospital Operations and Patient Experience'

Mysuru, May 29 (BLU&BS)- Former Health and Family Welfare Minister Dinesh Gundu Rao said that Mysuru has all the potential to become a Tier-1 Good Quality City in Health Sector.

He was addressing the gathering after inaugurating 'MYHOPE-2026 Conference on Mysore Hospital Operations and Patient Experience,' themed 'Transforming Mysuru: From Traditional Care to Global Standards,' organised by Confederation of Indian Industry (CII), Mysuru Zone, at Radisson Blu Plaza Hotel in city this morning.

Gundu Rao, citing his own experience of reaching Mysuru from Bengaluru in merely two hours by road, said "Mysuru city has better transportation connectivity through road, rail and air. However, in Bengaluru, which witnesses heavy rush, it takes a minimum of two to three hours to reach a destination."

Former Health and Family Welfare Minister Dinesh Gundu Rao seen addressing after inaugurating 'MYHOPE-2026' Conference, organised by Confederation of Indian Industry (CII), Mysuru Zone, at Hotel Radisson Blu Plaza in city this morning as (sitting from left) Dr. Chandrabhan Singh, President of Indian Medical Association (IMA), Mysuru Chapter, Savitha Mallappa, Vice-Chairperson of CII Mysuru Zone, Dr. B. Suresh, Pro-Chancellor of JSS Academy of Higher Education and Research (JSS AHER), N.G. Bharateesha Reddy, Senior Vice-President of Apollo BGS Hospitals, Utsav Agarwal, Chairman of CII Mysuru Zone, Solomon Pushparaj, Head of CII Mysuru Zone and Dr. G.R. Chandrashekar, President of MAHAN, look on.

The State Government is focusing more on health sector, by devising better plans and policies. A sensitive and emotional sector that is, Mysuru has all the potential to become Tier-1 Good Quality City in Health Sector, with its myriad attractions like culture, tourism, heritage and yoga, to make it a health hub, he said.

"Moreover, Mysuru is attracting people in such a way that, some of my friends in Hyderabad sold their assets there and settled down in Mysuru city. Such is the peaceful atmosphere the city boasts of," said Rao.

(See HEALTH on page 6)

Karnataka CM transition... Delhi *Chalo*

Outgoing Chief Minister of Karnataka Siddaramaiah and his former Deputy D.K. Shivakumar, met at a star hotel in New Delhi this noon. Former Energy Minister K.J. George is also seen. Picture right shows outgoing Karnataka CM Siddaramaiah calling on AICC President M. Mallikarjun Kharge at the latter's residence in New Delhi this morning as former Minister Priyank Kharge, MLC Dr. Yathindra Siddaramaiah and former Energy Minister K.J. George look on.

CLP meeting tomorrow: D.K. Shivakumar

New Delhi, May 29 (Agencies)- Outgoing Karnataka Deputy Chief Minister D.K. Shivakumar has said the Congress Legislature Party (CLP) meeting to elect a new leader is slated to be held at Vidhana Soudha in Bengaluru tomorrow (May 30). Speaking to media persons at the premises of ITC Maurya Hotel here this noon, Shivakumar said, the timing of CLP meeting is not decided yet, but has spoken to acting Karnataka Chief Minister Siddaramaiah in this regard.

(See CLP MEETING on page 7)

Siddu in Delhi, meets Congress top brass

New Delhi, May 29 (Agencies)- A day after quitting as Karnataka Chief Minister following a direction from the Congress High Command, acting CM Siddaramaiah met the Congress top brass here this morning.

Siddaramaiah first visited the residence of former AICC President Sonia Gandhi and Opposition Leader in Lok Sabha Rahul Gandhi at 10, Janpath residence and expressed his gratitude to them. In a show of bonhomie, Siddu and Rahul hugged each other.

(See SIDDU IN DELHI on page 7)

Guv accepts Siddu's resignation as CM

Bengaluru, May 29 (KMS&DM)- Karnataka Governor Thaawarchand Gehlot has accepted the resignation of Chief Minister Siddaramaiah, who quit yesterday.

Siddaramaiah had submitted his resignation to the Governor's Special Secretary Prabhushankar in his (Governor) absence on Thursday afternoon. However, Gehlot, who returned to Bengaluru from Indore late last evening issued a notification today accepting the resignation of Siddaramaiah as the Chief Minister of Karnataka. Subsequently the State Cabinet is dissolved.

STAR OF MYSORE

"We believe comment is free, but facts are sacred."

Editor: M. GOVINDE GOWDA, M.A.

Mysuru, Friday 29th May 2026

BABU'S BANTER

By M.V. Nagendra Babu

EDITOR'S BOTTOMLINE

CONVINCING ARGUMENTS: *Sri Vallabha Pandian was one of the Pandya kings who ruled over Madurai. One night, when the king went round his capital city, he noticed a man lying on the pyol of a house. He didn't look like a citizen of the Pandya kingdom. The man told the king that he was from Kasi and was on his way to Rameswaram. Since the man was a scholar, the king asked him to give some advice. The man said, "Since it rains for four months, work hard during the remaining eight months. Save for your old age when you are young. Do what you must now for liberation."*

The king asked his spiritual adviser Selva Nambi what the man's words meant, said V.S. Karunakarachariar in a discourse. Selva Nambi suggested that a prize be announced to anyone who could satisfactorily answer the king's questions. A bag of gold coins was tied to a pole. If the bag dropped from the pole when a person finished his arguments, then he was to be considered the one who had given the right answer. Vishnuchitta in Srivilliputtur was serving Lord Vatapatrasayee by making garlands for him. When the people of his town urged him to go and win the gold, he hesitated. But the Lord appeared in his dream and ordered him to go to the Pandya court.

When Vishnuchitta spoke in the Pandya court, the Vedas themselves asked him to quote them. He even argued on the basis of that which he had not studied, because the Lord was with him. Through convincing arguments, Vishnuchitta established that the only One who could grant moksha was Lord Narayana. When he did this, the bag of gold dropped down. Vishnuchitta was honoured by the king and came to be known as Periyazhvar. — In The Hindu

NEWS SPARKLERS

Fiddler crabs emerge for annual 'dance'

Tokyo: Visitors at a Japanese beach were treated to some unusual entertainment as fiddler crabs emerged from their burrows and performed their annual "dance."

The crabs emerge from their burrows underneath the exposed tidal flats around this time every year and the males perform a "dance" where they raise and lower their claws in unison.

Though the exact purpose of the dance is not known, it is thought to be a means of attracting females or intimidating rivals.

The crabs, which measure less than half an inch across their carapace, are expected to appear in larger numbers as summer approaches. The breeding season lasts from May until August.

Police seek owner of giant creepy puppet

Massachusett: Police are on the lookout for the owner of about 7 ft. tall creepy puppet which was recently turned over to the station.

The Stoneham Police Department shared a photo of a massive marionette with red hair, no eyes and a clown costume.

"We are attempting to locate the owner of this puppet that was turned into the station. If this belongs to you — or if you recognise it from your nightmares — please contact us to arrange pickup," the post said.

An eerie object is now sitting in a supply room at the Stoneham Police Department, waiting for its rightful owner to pick it up. Police didn't provide many details about how the puppet came into their possession, beyond that it was turned in, or if the figure was roaming around at night making good on threats to children.

HEALTH CAPSULE

Care That Connects

During pregnancy, care may involve scans, lab tests, and monitoring of blood pressure or sugar levels. When these are coordinated well, it supports smoother care and better outcomes.

By Dr. Amulya K G, - Consultant – Obstetrics & Gynaecology
Manipal Hospitals Mysore

manipalhospitals
LIFE'S ON

** Health Capsule is not intended to be of a diagnostic nature*

Graduation Day at GSSSIETW

Mysuru, May 29 (CG)- The Department of MBA, M.Tech (DCN) and M.Tech (CSE), Geetha Shishu Shikshana Sangha Institute of Engineering & Technology for Women (GSSSIETW), Mysuru, will be organising Graduation Day for 2025 passed out batch of PG students on May 30 at 11 am at its M. Govinda Rao Memorial Hall on KRS Road.

Rajat Agarwal, Managing Director, Bhoruka Extrusions Pvt. Ltd., will be the chief guest. Shruthi Sudhanva, Executive Director & Chief People Officer, Excelsoft Technologies, will be the guest of honour.

Dr. M. Jagannath Shenoy, President, GSSS, Mysuru, will preside over the event. Anupama B. Pandit, Secretary, GSSS, Mysuru, R.K. Bharath, Board Member and CEO, GSSS and Dr. M. Shivakumar, Principal, GSSSIETW, will be present at the ceremony, according to a press release.

Entries invited for pratibha puraskar

Mysuru, May 29 (CG)- Adarsha Seva Sangha has invited applications for pratibha puraskar from students of Trimatastha Brahmin members of Adarsha Seva Sangha, who have secured 90% and above in SSLC, 2nd PUC or final year Diploma, Under-Graduate and Post-Graduate examinations in the first attempt during 2026.

Prescribed applications can be obtained between 5 pm and 6 pm till June 10 at the Sangha Office.

Last date for submitting the applications is June 15. For details, contact Mob: 91874-69464 or 94801-66274 or 74111-93216 or 98456-76773.

WATER LEVEL

KRS DAM	KABINI DAM	HARANGI DAM
Maximum **124.80 feet**	Maximum **2,284 feet**	Maximum **2,859 feet**
Today's level **81.32 feet**	Today's level **2,252.46 feet**	Today's level **2,823.36 feet**
Last year's level **98.00 feet**	Last year's level **2,274.87 feet**	Last year's level **2,843.19 feet**
Yesterday's level **81.42 feet**	Yesterday's level **2,252.64 feet**	Yesterday's level **2,823.36 feet**
Today's Inflow **126 cusecs**	Today's Inflow **74 cusecs**	Today's Inflow **214 cusecs**
Today's Outflow **548 cusecs**	Today's Outflow **600 cusecs**	Today's Outflow **180 cusecs**

REALLY...?

- *The tiniest owl in the world is the Elf Owl, which is 5 - 6 inches tall and weighs about 1 ½ ounces. The largest North American owl, in appearance, is the Great Gray Owl, which is up to 32 inches tall.*

LAUGHTER THE BEST MEDICINE

A husband phoned his wife from his office.

Husband: *I've got two tickets for the fashion show in town.*

Wife: *That's wonderful! I'll start getting ready straight away.*

Husband: *You would better do. The tickets are for tomorrow's show!!*

TODAY'S CURRENCY RATE

1 US Dollar	= Rs. 95.61
1 UK Pound	= Rs. 128.44
1 UAE Dirham	= Rs. 26.03
1 Euro	= Rs. 111.25

VOICE OF THE READER

Water: How much intake?

Sir,

This summer is making us, Mysureans, experience how searing the summer can be. The common poser is: "How much water should I drink?"

The physician would advise "drink plenty."

Then, the question: "How much?" The advice, even without looking at you, would invariably be, "one and a half litres", "two litres" or "two and a half litres."

No two physicians agree! It implies I have to keep an account of the amount of water I have to take, since, say, 6 am this morning and make up the specified amount by 6 am the next morning. For doing so, I should carry with me a measuring jar, a notebook and a pencil. But the advice is specifically required for you, as an individual.

Therefore, it should be based mainly on your body mass (weight), lifestyle, food habits, sweating and the weather. But is it feasible for the physician to carry out the exercise and then advise you? No, impossible. Don't worry. Mother Nature can guide you. She has given you a "Bio-marker." All that you have to do is keep a watch on your urine's colour. Start relieving, just wait for, say, five seconds, and then observe its colour, carefully, meanwhile emptying the bladder. Now, look at the "Urine Guidance" chart and take action, as needed. Done!

Urine's colour: Inference action needed

Dark yellow: Extremely dehydrated, increase the intake; drink immediately, some water.

Pale yellow: Mildly dehydrated, increase the intake.

Amber: Not dehydrated, good. Maintain same intake.

Colourless: Too much water, reduce the intake.

NOTE: *Do not make violent changes. Have patience! But, this guide is not for those who are having some issues with kidneys. A Nephrologist should be consulted.*

—K.N. Krishna Prasad

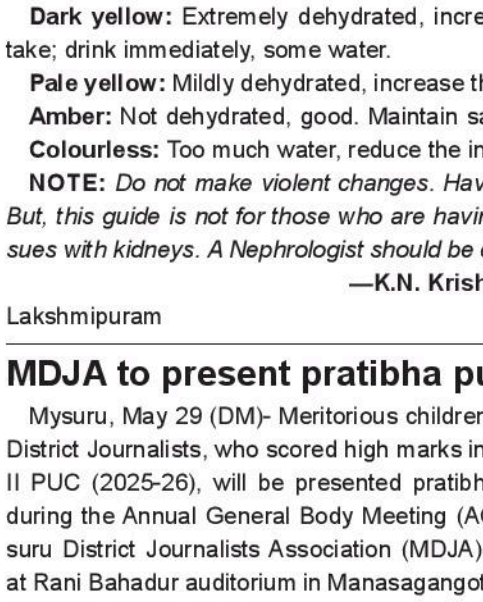
Lakshmipuram 20.5.2026

MDJA to present pratibha puraskar

Mysuru, May 29 (DM)- Meritorious children of Mysuru District Journalists, who scored high marks in SSLC and II PUC (2025-26), will be presented pratibha puraskar during the Annual General Body Meeting (AGM) of Mysuru District Journalists Association (MDJA) to be held at Rani Bahadur auditorium in Manasagangothri campus on Hunsur Road at 10 am tomorrow (May 30).

Adichunchanagiri Mysuru Branch Mutt Seer Sri Someshwaranatha Swamiji will grace the occasion. MDJA President K. Deepak will preside. KUWJ (Karnataka Union of Working Journalists) State Secretary Somashekar Keragodu will be the chief guest. MLA G.D. Harish Gowda will present pratibha puraskar.

Retired Journalist R. Krishnakumar of 'The Hindu', Retired Sub-editor of 'Vijaya Karnataka' Nagesh, Transferred 'Prajavani' Mysuru Bureau Chief K. Narasimhamurthy, Journalist Mohan Kumar, 'Samyukta Karnataka's Balakrishna Maddur, Journalist Kundur Umesh Bhat and awardee Journalist Shivakumar V. Rao will be felicitated.



NJ Hospital conducts health camp

Mysuru, May 29- NJ Hospital and the Mysore Institute of Gastroenterology recently organised a health camp for teachers serving in and around Yelawal, Hootagalli and nearby areas.

Hundreds of teachers underwent health screening and medical consultations. The camp aimed to promote preventive healthcare and encourage early detection of health issues among teaching professionals. Doctors from multiple specialties interacted with participants and offered guidance.

The medical team included Dr. Sujothi Durgesh, Dr. D. Sindhu Lakshmi, Dr. Satish Durgesh, Dr. Sudish Durgesh, Dr. H.S. Manu Prakash and Dr. K. Poojita.

Speaking on the occasion, Dr. Durgesh, Chairman of NJ Hospital, said: "Teachers play an important role in shaping society and their well-being are equally important. Our aim is to encourage preventive healthcare and make quality medical guidance accessible to them."

NEWS BRIEFS

Lakshminarasimha Jayanti, Swathi Puja

Sri Lakshminarasimha Jayanti and Swathi Puja will be held at Sri Lakshminarasimhaswamy Temple on Kalidasa Road in city tomorrow (May 30). The rituals will begin with Vishwaroopa Darshana at 7.30 am, followed by Sri Lakshminarasimhaswamy Navakalasha Sthapana Tirumanjana (Abhisheka) and Parayana at 8.45 am and Maha Naivedya, Mangalaarathi and Teertha Prasada distribution at 1.30 pm. At 7 pm, Tiruveedhi Utsava procession will be taken out on the main streets in the temple vicinity, followed by Mahamangalaarathi at 8 pm and Prasada distribution. For details, contact Mob: 93421-88323 or 75988-32271, according to a press release.

Calling physically challenged

The Union Ministry of Social Justice and Empowerment has invited applications from eligible physically challenged persons and organisations who have worked in different fields with an excellent record for empowerment of the disabled, for conferment of National Award. The prescribed application form can be collected from the Office of the Department for the Empowerment of Differently Abled and Senior Citizens located on Pulikeshi Road, Tilaknagar in city. The forms must be filled in English and submitted before July 31. For details, visit the Department Office or contact Ph: 0821-2490111.

Story-telling

L. Narasu

As part of 'Kathe Kelona Banni - 934' programme, Kalasuruchi has organised story-telling by L. Narasu, Secretary, Lakku Foundation Trust, Mysuru, at Suruchi Rangamane, #476, Chitrabhanu Road, Kuvempunagar, on May 30 between 4.30 pm and 5.30 pm. For details, contact Mob: 92435-81097 or 99459-43115, according to a press release.

Yakshagana classes

Karavali Yakshagana Kendra, Mysuru, will be conducting Tenku-Badagu Yakshagana Classes at Vijaya Vittala Vidyashala in Saraswathipuram from June 14 (4 pm). Classes will be held every Sunday from 3 pm to 6 pm. For details, contact Mob: 90081-81172 or 98441-61748, according to a press release from the Karavali Yakshagana Kendra.

Home Nurse arrested for stealing gold jewels from senior citizens' houses

170 grams gold worth over Rs. 22 lakh recovered

Mysuru, May 29 (MTY&KS)- A home nurse, who was appointed from an agency to take care of senior citizens, has been arrested for stealing 170 grams gold jewellery worth about Rs. 22.10 lakh from the houses of senior citizens, whom she was taking care of.

The arrested home nurse is 27-year-old Maheshwari, a native of Chamarajanagar. She had allegedly stolen the gold jewellery from the house of 82-year-old Muthavva Appanna, where she was appointed.

Maheshwari was deployed by the agency to take care of Muthavva a month ago. She had hoodwinked the family members and had stolen a total of 163 gram gold jewellery day-by-day.

Muthavva, who came to know about her missing jewellery, lodged a complaint at Vijayanagar Police Station, expressing her doubts on Maheshwari.

Vijayanagar Police, who registered a case, contacted the agency which had deployed Maheshwari to Muthavva's house, obtained her address and brought her from Chamarajanagar for questioning.

During interrogation, Maheshwari is said to have confessed of stealing gold jewellery from Muthavva's house and also confessed of stealing seven gram gold jewellery from a house in Pandavapura of Mandya district.

Based on the information provided by Maheshwari, Vijayanagar Police have recovered a total of 170 gram gold items worth Rs. 22.10 lakh from her.

City Police Commissioner Seema Latkar, Deputy Commissioner of Police (Crime and Traffic) K.S. Sundar Raj and Vijayanagar Sub-Division ACP Raviprasad guided Vijayanagar Inspector M.R. Lava, Sub-Inspectors Anand, Jaikeerthi, Krishna, Vanajakshi, Head Constables Shankar, Pradeep Kumar, Prabhakar and Constables Venkatesh, Ningarajegowda, Manjunath and Ranjitha in the nabbing and recovery operation.

Yellamma Colony continues to stink

Mysuru, May 29 (MK&VNS)- There seems to be no response from the Mysuru City Corporation (MCC) towards resolving the issues related to basic civic amenities. Despite highlighting the problems at Yellamma Colony (Ward No. 8) in Bannimantap Industrial Area in *Star of Mysore* yesterday, officials are yet to take any action.

In what can be said as an example of MCC's apathy, the officials have not cleared the garbage dump and prevent manholes from overflowing, which has become a daily scene.

Everyday, residents wake up to foul smell emanating from stagnant sewage water in front of their houses and also from decaying garbage dump.

Earlier, following a pictorial report published in *Mysuru Mithra* (the sister publication of *Star of Mysore*) on May 25, both the MCC and Karnataka Slum Clearance Board (KSCB) visited the Colony and dug a trench using a JCB for the sewage water to flow. However, they did not clear the garbage.

Residents told *Star of Mysore* that their complaints to KSCB officials had gone to the drain as they continued to be neglected.

"Our cries have not been heard either by the elected representatives or the officials concerned and we are being treated worse than animals," alleged the residents.

House burgled at Vijayanagar

Mysuru, May 29 (MK&KS)- Burglars, who broke into a house at Vijayanagar, have decamped with gold, silver and foreign currencies worth Rs. 7 lakh from the house. The burglary took place at the house of Vishwanath Ravindran, an employee of a private company in Bengaluru.

On May 21, Vishwanath couple had gone to Singapore on a trip and returned on May 25 only to find the house burgled.

The burglars, who had gained entry into the house by forcibly opening the door, have made away with 60 grams gold ornaments worth Rs. 5 lakh, 3 kg silver articles worth Rs. 2 lakh and 500 US dollars.

Based on the complaint from Vishwanath, Vijayanagar Police have registered a case and are investigating.

Cyber crime: Youth loses over Rs. 14 lakh to fraudsters

Mysuru, May 29 (GA&KS)- A youth, who had clicked on a link sent by his friend and invested money, has lost over Rs. 14 lakh to cyber criminals.

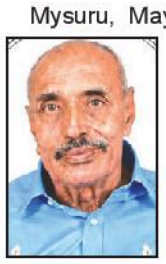
The youth, who lost his money is 25-year-old Rajesh (name changed), a resident of Siddalingeshwara Nagar in Vijayanagar 3rd Stage.

On Apr. 4, Rajesh's friend had sent a link to Rajesh's WhatsApp stating that he (Rajesh) could play few games by investing money and reap good profit. Believing his friend, Rajesh registered his user name and password in T10 Exchange platform and began investing money. He had also provided his bank account number and PhonePe details to the cyber criminals.

Later, from Apr. 6 to May 19 Rajesh invested a total of Rs. 14.39 lakh. But when he tried to withdraw the profit, he was unable to do so. His login too was blocked and his bank account was also lien marked. When he contacted his bank, he was told that money from his account was transferred to various bank accounts. Realising that he has been cheated, Rajesh called the Cyber Crime Helpline No. 1930 and lodged a complaint.

Obituary

G.V. Dhanaraj



Mysuru, May 29- G.V. Dhanaraj (80), retired Manager of State Bank of Mysore (SBM) and a resident of Bengaluru passed away at Bengaluru yesterday following brief illness.

Dhanaraj (Raju), who had served in SBM at Mysuru for many years, leaves behind his wife Shantha Dhanaraj, daughter Namitha, sons G.D. Nandakishore and Dr. G.D. Chandan and a host of relatives and family members.

Last rites will be performed at Banashankari crematorium in Bengaluru tomorrow (May 30) afternoon.

S. Somashekar

S. Somashekar (40), a resident of Kyathamaranahalli, passed away yesterday morning in city.

He leaves behind his wife, one son, mother, brothers and a host of relatives and friends.

Last rites were held at Kyathamaranahalli Burial Grounds yesterday evening.

B. Mariyappa

B. Mariyappa (75), an aluminium trader and a resident of Siddarthanagar, passed away at a private hospital on Wednesday in city.

He leaves behind his wife Sudhamani, daughter Meghashree, son Gautham, son-in-law, daughter-in-law, grandchildren and a host of relatives and friends.

Last rites were held at the foot of Chamundi Hill this afternoon.

Book 'Memory's Edge' released in city

Former VC of Rajiv Gandhi Central University, Arunachal Pradesh, Prof. K.C. Belliappa (third from left), releasing the book 'Memory's Edge' in city yesterday as others look on.

Mysuru, May 29 (VVH&BS)- The book 'Memory's Edge - Living With Loving Through Learning From Dementia,' authored by Rtn. Arun Belawadi, was released in city yesterday.

The book was released by former Vice-Chancellor of Rajiv Gandhi Central University, Arunachal Pradesh, Prof. K.C. Belliappa, at a programme organised by Rotary Mysore in association with Unite For Good, at Ideal Jawa Rotary Mysore Centre on JLB road here.

In his observations about the book, Prof. Belliappa said, "It is a reminiscent of memories related to the bonding between a mentally challenged mother and son. The mother, who is not aware about her son, asks about his relationship with her. The son, suppressing all the pain, agony and feelings inside, behaves normally, thus endearing himself with the readers."

The author, before penning the book, went to Australia, only to learn the nuances related to mentally challenged persons, devoting his wholesome to hone his literary traits. In Indian cinemas, emotional scenes go overboard, leaving the audience with tears at times. However, this book, suppresses the feelings, but manifolds love and respect towards parents, said Prof. Belliappa.

The book is not just confined to words, but builds up several sequences artistically through line drawings. Like how the visuals create an impact even before the words reach, the line drawings aptly sum up the story, providing both empathy and experience, he added. There are references about yoga, meditation, physical activities, exercise and several other topics in the book.

Rotary Mysore District Governor Rtn. P.K. Ramakrishna, Rotary Mysore President Rtn. D. Ravishankar, Secretary Rtn. B. Sanjay, author Rtn. Arun Belawadi and others were present.

Kodagu's Col. Nithin Kuttappa promoted as Brigadier

Kandrathanda Nitin Kuttappa (right) taking charge as the Brigadier of 21st Madras Regiment in Jammu Kashmir from a senior Army Officer.

Kodagu, May 29 (AG&VNS)- Colonel Kandrathanda Nitin Kuttappa from Kodagu has been promoted to the rank of Brigadier in the Indian Army. Following his promotion, Brigadier Nitin Kuttappa has been posted to Jammu and Kashmir, where he has taken charge.

Prior to his promotion, Brigadier Kuttappa, was serving as a Deputy Commandant at Madras Regimental Centre (MRC) at Wellington, Ooty in Tamil Nadu.

A native of Arameri village in Virajpet taluk, Brigadier Kuttappa serves in the 21st Madras Regiment. He is the son of Kandrathanda M. Muthanna, a retired SBI official, now residing in Bengaluru and Pushpa Muthanna (Konerira).

Brigadier Kandrathanda Nitin Kuttappa seen with his wife Maya Kuttappa and son Ronith.

Brigadier Kuttappa is married to Maya Kuttappa (Boppanda) and the couple has a son Ronith.

Walkathon to create awareness on libraries held at Manasagangothri

University of Mysore Vice-Chancellor Prof. N.K. Lokanath released the logo of MyDLIS Diamond Jubilee Summit in front of the Centenary Clock Tower at Manasagangothri campus this morning. Chairman of the Department of Studies in Library and Information Science Prof. N.S. Harinarayana and others are seen.

Mysuru, May 29 (GA&VNS)- The Department of Studies in Library and Information Science, Manasagangothri, in association with Mysore University Information and Library Science Alumni Network (MILAN) held a walkathon as part of the two-day MyDLIS Diamond Jubilee Summit, which will be inaugurated by historian Vikram Sampath this afternoon, at Manasagangothri campus, here this morning.

University of Mysore Vice-Chancellor Prof. N.K. Lokanath flagged off the walkathon in front of University of Mysore Centenary Clock Tower in Manasagangothri campus and released the logo of the diamond jubilee summit. Sporting colourful T-shirts, the students and faculty members walked till Vijnana Bhavan holding placards to create awareness on libraries.

Department of Studies in Library and Information Science Chairman Prof. N.S. Harinarayana, B.P. Prakash of MILAN and others were present.

IPL 2026

TODAY'S MATCH
MAY 29
QUALIFIER - 2

GUJARAT TITANS Vs RAJASTHAN ROYALS

GT Vs RR
New Intl. Cricket Stadium, New Chandigarh, 7.30 pm

Catch the live telecast on:
Star Sports Network & JioHotstar

Musical Nite at Dasara Expo Grounds tomorrow

Bijay Azeez

Mysuru, May 29 (AP)- *Ek Sham Mohammed Azeez ke Naam,* a musical nite programme in memory of late Bollywood singer Mohammed Azeez, will be held tomorrow from 5.30 pm at the Dasara Exhibition Grounds in city.

Dr. Nayaz Pasha, RMO at K.R. Hospital will be the chief guest and will inaugurate the programme.

Playback singer Bijay Azeez from Kolkata, Reshmi Lehri, Asma, Shahid, Ifthekar and Bakash Tahir Atha Ulla will render super hit songs sung by late Mohammed Azeez. For details, contact former Corporator Suhail Baig on Mob: 98451-50786, according to a press release from programme organiser Asif.

Prabhakaran takes charge as Mysuru Conservator of Forests

S. Prabhakaran (extreme right), who was serving as Director of Bandipur National Park and transferred by the State Government on May 25, took charge as the Conservator of Forests (CF), Working Plan Mysuru, from Conservator of Forests Dr. Malathi Priya on Wednesday. Picture shows the new CF being greeted by Mysuru Deputy Conservators of Forests (DCFs) K. Paramesh and Lingaraj.

International Day of Yoga - 2026

1.2 lakh yoga enthusiasts to perform in city on June 21

Yoga Federation of Mysuru (YFM) President D. Srihari (centre) releasing the poster of International Day of Yoga at Partrakarthara Bhavan in city this morning. Others seen are (from left) Mysore Yogalaya Founder Ranganath, Yoga Federation of Mysuru Treasurer Shashikumar, Sri Pathanjali Yoga Shikshana Samiti (SPYSS) Founder G. Nanjundaswamy, Mysore Yoga Ookuta President Devaraju, Yoga Sports Foundation President Dr. P. N. Ganesh and Mysore Yoga Association Secretary Ananthu.

Mysuru, May 29 (GA&VNS)- About 1.20 lakh yoga enthusiasts from 120 yoga centres in city will take part in the International Day of Yoga celebrations on June 21 in Mysuru, said Yoga Federation of Mysuru President D. Srihari, here this morning.

Addressing media persons at Patrakarthara Bhavan, he said a total of 10,000 yoga enthusiasts would take part in the main event to be held at Mysore Palace premises on June 21 while others would be taking part in the events to be held at various schools, apartments and convention centres across the city.

"We have already conducted training programmes for about 1,000 yoga trainers, who would be visiting various schools and apartments to train the residents and other participants on various yogasanas," he said.

Meanwhile, as a prelude to International Day of Yoga celebrations on June 21, the Yoga Federation of Mysuru has organised *Mahasankalp Divas* on May 31 at Mysore Palace premises. The event will be held under the leadership of Mysuru-Kodagu MP Yaduveer Krishnadatta Chamaraja Wadiyar.

"The *Mahasankalp Divas* will witness all 1,000 yoga trainers taking part in the event to get to know about the Yoga Day protocols. General public are also allowed to participate," he added.

Participants of *Mahasankalp Divas* will assemble at Mysore Palace premises at 5.45 am. The stage programme will be held from 6 am to 6.15 am following which various yogasanas will be performed as per the protocol till 7.15 am.

Mahasankalp Divas on May 31 at Mysore Palace premises

'Mysuru to be Health Hub'

(Continued from page 1)

Unlike 2011, when the rate of urbanisation was recorded at 31% in Karnataka, it has now touched 50% and is expected to reach 70% in the future. Similar is the rate of urbanisation in Mysuru, with healthcare being the main attraction, with the existence of reputed hospital chains, both in public and private sector.

N.G. Bharateesha Reddy, Senior Vice-President, Rest of Karnataka, Apollo BGS Hospitals said, Mysuru is promoting organ donation in a big way, thus emerging as a Southern Healthcare Hub.

Dr. Chandrabhan Singh, President of Indian Medical Association (IMA), Mysuru Chapter said, with the invention of Artificial Intelligence (AI), newer technologies are being incorporated in the health sector. On the other hand, the Government should reform and address issues plaguing health sector.

Dr. B. Suresh, Pro-Chancellor, JSS Academy of Higher Education and Research, recalled that compared to when he shifted his base to Mysuru in 1980, the city now offers a strong healthcare eco system and healthcare sustainability, with healthcare becoming affordable.

Utsav Agarwal, Chairman, CII Mysuru Zone, Savitha Mallappa, Vice-Chairperson, CII Mysuru, Dr. G.R. Chandrashekar, President, Mysore Association of Hospitals, Nursing Homes, Clinics and Diagnostic Centres (MAHAN) and others were present.

PM Modi likely to attend yoga event in Kolkata

Kolkata, May 29 (Agencies)- In a major development, the Union Ministry of AYUSH announced that Prime Minister Narendra Modi is likely to attend the main International Yoga Day celebrations in Kolkata on June 21.

The mega event for the first time after BJP came to power in West Bengal is likely to take place at Red Road and adjoining areas, where participation of more than one lakh people is expected. According to AYUSH Ministry, the theme for this year is 'Yoga for Healthy Ageing.'

Swastha Mysuru: Day-long health camp on May 31

HH Sri Srikantadatta Narasimharaja Wadiyar Foundation President Pramoda Devi Wadiyar (centre) addressing a press meet in city this morning as (from left) Dr. Tejaswini, Uttaradi Mutt's Aniruddhacharya, Swastha Mysuru Trustee Dr. Prathibha Pereira and Foundation Hon. Secretary Reginald Wesley look on.

Mysuru, May 29 (GA&DM)- HH Sri Srikantadatta Narasimharaja Wadiyar Foundation President Pramoda Devi Wadiyar said that a day-long mega health check up camp has been organised at Uttaradi Mutt premises in city on May 31.

The mega health camp is organised under the joint aegis of Swastha Mysuru, Sri Uttaradi Mutt Roga Vimochana Sri Dhanvanthri Sannidhana, Mysuru, HH Sri Srikantadatta Narasimharaja Wadiyar Foundation and Arogya World India Trust, as part of 1008 Sri Satyatma Teertha Swamiji's 'Mysuru Digvijaya-2026' yatra and *Adhika Masa*.

Addressing a press meet at Patrakarthara Bhavan here this morning, Pramoda Devi stressed on the need for maintaining physical and mental health and also physical fitness. Advising the people against ignoring health issues, she said that early diagnosis and timely treatment were keys for recovery from various ailments. She called upon the people, especially women and the elderly to make best use of this health camp.

As many as 150 experienced doctors from 19 hospitals, healthcare centres and polyclinics are taking part in this camp, in which more than 1,500 people are expected to undergo medical check-up, which chiefly includes blood test, heart check up, cancer screening, bone density test, dental check up, eye check up and pap smear test, among others. The camp will be conducted from 9 am to 1 pm.

'Royal family has no hatred towards Siddaramaiah'

Mysuru, May 29 (GA&DM)- Asserting that the erstwhile Mysore Royal Family has no hatred or intolerance towards outgoing Chief Minister Siddaramaiah, Pramoda Devi Wadiyar said that Siddaramaiah is neither close nor far from the royal family.

Speaking to *Star of Mysore* on the sidelines of a press meet on mega health check up camp at Patrakarthara Bhavan here this morning, Pramoda Devi, when asked to comment about Siddaramaiah's exit as Chief Minister, said that though her husband late Srikantadatta Narasimharaja Wadiyar and son Yaduveer Wadiyar were in politics, she stayed away from it and would not be drawn to politics in the future too. As such, she would not like to comment on Siddu's resignation.

When asked about the fate of projects sanctioned by Siddaramaiah to his home district Mysuru, Pramoda Devi said that the new Chief Minister too should continue the projects and plans sanctioned for Mysuru and expedite their completion.

However, the elected representatives should collectively exert pressure on the new Chief Minister if Mysuru projects are ignored, delayed or discontinued, she said adding that the new CM must be given three to six months to settle down and get going.

CLP meeting tomorrow: D.K. Shivakumar

(Continued from page 1)

All the MLAs have been told to be present in Bengaluru, as the process of electing new CLP leader should be completed first, before deciding on any other matters, he added.

New Cabinet

To a media query on the new Cabinet, Shivakumar chose not to reply and walked towards his car and pulled up the side window, while his brother and former MP D.K. Suresh, boarded the backseat of the car.

Earlier, Shivakumar called on Siddaramaiah at ITC Maurya Hotel with K.J. George, who had served as the Energy Minister in the recent Cabinet of Siddaramaiah, present at that time.

'X' post on Siddu

Meanwhile, in a continued show of bonhomie among both the leaders, D.K. Shivakumar, who is also the KPCC President, has posted a detailed message on his 'X' handle, this morning singing paeans of Siddaramaiah.

The part reproduction of Shivakumar's post on 'X' is as follows: *God doesn't give boons or curses. He only gives opportunities. What truly matters is what we make of those opportunities. Sri Siddaramaiah avaru's life is one of the finest reflections of this thought. From a humble village in Mysuru to leading Karnataka as Chief Minister, his journey stands as a testament to resilience, perseverance and an unwavering commitment to social justice.*

As he steps down from the office of the Chief Minister, I express my heartfelt gratitude and deep respect for his years of service and leadership to the people of Karnataka...

Shivakumar, taking to social media, to express his opinion, is perceived as a strategic move to avoid any *faux pas*, triggered by emotion, while reacting verbally about current political weather.

Siddu in Delhi, meets Congress top brass

(Continued from page 1)

Later, Siddu, accompanied by his MLC son Dr. Yathindra and former Ministers K.J. George and Priyank Kharge, met AICC President Mallikarjun Kharge at the latter's residence located on Rajaji Marg, New Delhi and expressed gratitude to him.

Siddaramaiah, after tendering his resignation to the Governor's Special Secretary in Bengaluru on Thursday afternoon in the absence of Governor Thaawarchand Gehlot, left for Delhi by a special flight at about 4.30 pm.

He was accompanied by MLC Dr. Yathindra, K.J. George and Byrathi Suresh, who were Ministers in his cabinet, his Legal Advisor A.S. Ponnanna and AICC Secretary Incharge of Karnataka Randeep Singh Surjewala.

However, the New Delhi flight is said to have been diverted to Jaipur due to inclement weather conditions and Siddaramaiah was forced to stay overnight at Jaipur. He is learnt to have reached Delhi in early today.

Meanwhile, former Deputy CM D.K. Shivakumar, who is also the KPCC President, visited his revered Ajjayyana Mutt in Tiptur taluk of Tumkur district yesterday evening, where he offered special pujas.

He too is said to have left for Delhi late last night. Shivakumar, who is tipped to succeed Siddaramaiah as the Chief Minister, too is likely to meet Rahul Gandhi, Sonia Gandhi, Mallikarjun Kharge and other top Congress leaders later in the day.

Respectful Homage

Smt Latha Ramaswamy

Death: 29.05.2026

You live in our hearts forever

Mourned by: S. Manjunath, President,
Mysore District Chemist & Distributors Association,
Mysuru, Family, Relatives and Friends.

'Silence... as told by deity'

A strong believer in the deity of Nonavinakere Ajjayya of Sri Kadasiddeshwar Mutt in Tumakuru and its pontiff Nonavinakere Karivrishaba Deshikendra Shivayogeeshwara Swamiji, D.K. Shivakumar is following the words of Swamiji.

'Mathu Adidare Mutthu Odedu Hogalide' (a good old adage in Kannada that means in English; If one speaks, the chain of pearls will break), is the message, believed to have been conveyed by the deity to Shivakumar, who has since been following the same ditto like an obedient student, by maintaining silence most of the time and reacting only to serious matters, till he takes oath as the new Chief Minister.

That apart, Shivakumar has issued strict instructions to his followers not to utter any word. To convey the message, Shivakumar, himself refrained from speaking to media, after the breakfast meeting held at CM's official residence 'Cauvery' yesterday.

Prior to visiting Delhi, Shivakumar had visited Kadasiddeshwar Mutt twice in a day to seek the blessings of the deity.

High Command to decide on new CM but DKS has chances: Rao

Mysuru, May 29 (BLU&BS)- Following the political developments, triggered by the resignation of Chief Minister Siddaramaiah yesterday, the outgoing Health and Family Welfare Minister Dinesh Gundu Rao, said it is the prerogative of the Party High Command to take a call on the new CM.

Speaking to media persons, outside CII conference venue, Rao said, the High Command will decide on the matters related to who should succeed Siddaramaiah as the new CM, followed by Congress Legislature Party (CLP) leader and Cabinet Ministers. While D.K. Shivakumar (DKS), the outgoing Deputy Chief Minister, has all the chances to become CM, he added.

To a question on the long heard demand for a dalit CM, ignored yet again, Rao said, it is the Congress Government, that has initiated several welfare schemes for the cause of dalits.

AICC President M. Mallikarjun Kharge himself is a dalit, reaffirmed Rao, while replying to another query on dalits being denied prominent political power.

He (Rao) feigned ignorance over his chances of being inducted in the next Cabinet, as the present Cabinet is dissolved, with the Governor accepting the resignation of the CM and dissolving the Council of Ministers.

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Sd/ Hon. Secretary

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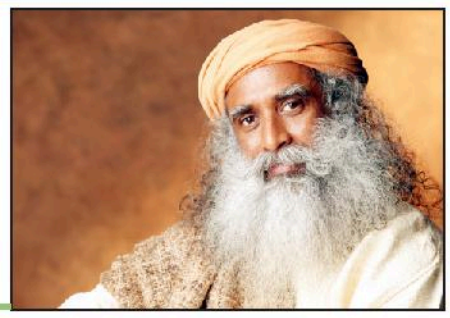
MYSTIC'S MUSINGS

By Sadhguru - Founder, Isha Foundation



Healthy tips to reduce your sleep quota

Bring natural foods in your diet

If you are sleeping eight or nine hours a day, one thing to look at is the food you eat. Consuming at least a certain amount of vegetarian material, particularly foods that can be eaten in their natural, uncooked condition is very important for your general well-being.

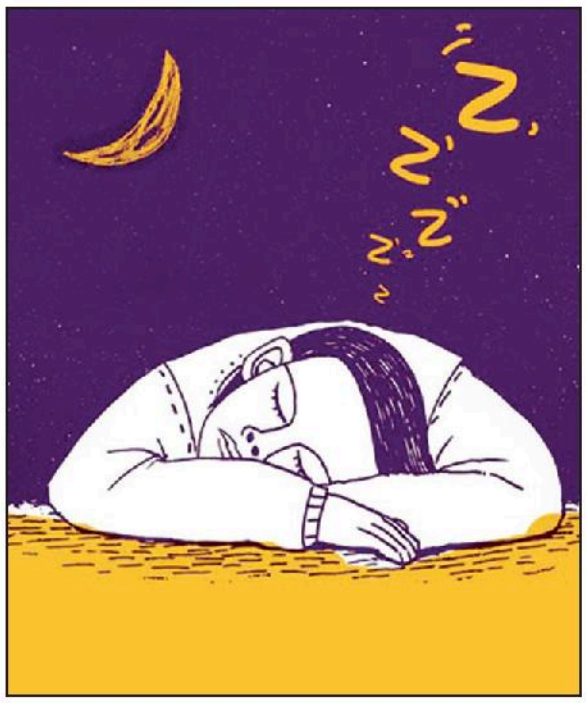
When you cook food, a large volume of *prana* or life energy is destroyed. This is one reason why lethargy can set into the body. If you eat a certain amount of fresh fruits and vegetables, there are many benefits, but one thing you will notice immediately is that your sleep quota will come down.

From stove to plate - Make it quick

In Indian culture, traditionally it is said that any cooked food should always be eaten within 1.5 to 2 hours of being cooked. Keeping cooked food in a fridge for long periods of time and then eating it can raise your sleep quota in addition to causing many other problems to the body. The same is true for canned food. There is something called *"tamas"* which literally means "inertia." Food that is kept like this will have a lot of *tamas*, which can bring down your mental agility and alertness.

Don't sleep right after you eat

There are quite a few people who are in such a mental state that unless they load themselves with food and make the body dull, they cannot fall asleep. You must give sufficient time for digestion to happen before you sleep.



I would say 80% of the food that you eat will go waste if you fall asleep within two hours of eating. If you are in a condition where you cannot sleep unless you have a full stomach, you need to address this issue. This is not about sleep, this is a certain mental state.

The right position for sleep

When the body is positioned horizontally, you can immediately make out that your pulse rate drops. The body makes this adjustment because if blood is pumped with the same force, too much will go into your head, causing damage.

The blood vessels which go upward are a finer arrangement compared to those going down. As they go up into the brain, they become almost hair-like, to a point that they cannot take an extra drop.

When you sleep, if you place your head towards the north and stay that way for 5 to 6 hours, the magnetic pull of the Earth will cause pressure on your brain because iron is an important ingredient in your blood. It is not that if you sleep this way you will fall dead.

But if you do this every day, you are asking for trouble. If you are beyond a certain age and your blood vessels are weak, it can result in haemorrhages and paralytic strokes. Even if your system is sturdy, you may not sleep very well because there is more circulation in the brain than there should be.

If you are in the northern hemisphere, East is the best direction to keep your head when you sleep. Northeast is okay. West is alright. South, if you must. North, no. In the southern hemisphere, don't put your head to the South.

[Sadhguru Jaggi Vasudev, a yogi, is a visionary, humanitarian and a prominent spiritual leader. An author, poet and internationally-renowned speaker, Sadhguru's wit and piercing logic provoke and widen our perception of life. www.ishafoundation.org]

Dargahi Masjid Committee feted

Mysuru, May 29 (KS)- The 11 newly-elected office-bearers of Dargahi Masjid on Sawday Road in Mandi Mohalla were felicitated by the office-bearers of Tanzeem Ahle Sunnath-wo-Jamath Trust at a function held under the Chairmanship of Sir Khazi of Mysuru Hazarath Moulana Mohammed Usman Shariff at the residence of Trust Secretary Jameel Ahmed Ashrafi in Subashnagar here recently.

The new office-bearers, who were felicitated are Moulana Abdul Salam Razvi, Ayub Shariff, Mohammed Jaffer, Moulana Shabeer Hussain Hasmathi, Iqbal Pasha, Naveed Ahmed, Mohammed Irfan, Mohammed Fiyaz, Sharfuddin, Riyaz Ahmed and Shafiulla Baig.

The felicitation programme began with the recital of verses from the Holy Quran by Moulvi Gayaz and phrases of Prophet Muhammad Nath Shariff read by Hazarath Moulana Shabeer Hussain Hasmathi.

Earlier Trust Secretary Jameel Ahmed Ashrafi welcomed the gathering. In his address, Jameel Ahmed said that since the inception of the Trust in 1970, the Trust is rendering yeomen services.

Trust President Dr. Mehboob Khan felicitated the newly elected office-bearers while Ulmas, Sir Khazi and others greeted the new office-bearers. Joint Secretary of the Trust Fiyaz Ahmed proposed a vote of thanks.

Trust Joint Secretary Fiyaz Ahmed, Moulana Mohammed Ali, Mirza Jamsheed Baig Ashrafi, S.K. Mudasir Pasha, Syed Masood Razvi, Shakeel Ahmed Ashrafi, Ashfaq Ahmed and others were present.

Anti-Child Labour Day in city on June 12

Mysuru, May 29 (DM)- Additional Deputy Commissioner R. Aishwarya said that the District Administration will observe Anti-Child Labour Day (officially known as World Day Against Child Labour) on June 12 in a meaningful manner. She was speaking after presiding over a preliminary meeting at the DC office here recently.

"On June 12, a mega rally of school and college students, accompanied by a host of folk troupes, will be taken out from Kote Anjaneyaswamy temple at the Palace North Gate in the morning under the aegis of Kannada and Culture Department. Subsequently, the stage programme will take place at People's Park in Nazarbad at 11 am, during which volunteers who are engaged actively in eradication of child labour will be felicitated," Aishwarya said.

Pointing out that an oath on Anti-Child Labour will be taken by staff in all Government Departments, Schools and Colleges, ZP and all other local body offices at 11 am on June 12, the ADC asked all the District-level officials to mandatorily take part in the event.

Aishwarya further said that essay, speech and painting contests will be held at Primary School, High School and College levels as part of Anti-Child Labour Day.

Assistant Labour Commissioner, Mysuru Division, Lalitha Bai, Labour Officer Chetan Kumar, Planning Director H.P. Mallikarjun and others were present.

Yaduveer inaugurates Vasudevacharya's 192nd birth anniversary in Mysuru

Mysuru-Kodagu MP Yaduveer Krishnadatta Chamaraja Wadiyar lighting the traditional lamp to inaugurate the 192nd birth anniversary of legendary Karnatak Music Composer Mysore Vasudevacharya in city yesterday as** (from left) **Kannada and Culture Department Assistant Director Dr. M.D. Sudarshan, Krishnaraja MLA T.S. Srivatsa, Musicologist Dr. K. Sathyavathi, Bidaram Krishnappa's Sri Prasanna Sitarama Mandira Vice-President S.K. Lakshminarayan (Babu) and Secretary Raghunandan look on. Picture right shows a section of the audience.

Mysuru, May 29 (MK&BS)- The 192nd birth anniversary of *Sangeetha Kalanidhi* Mysore Vasudevacharya, organised in association with Kannada and Culture Department, Government of Karnataka, for the first time, was celebrated at Bidaram Krishnappa's Sri Prasanna Sitarama Mandira, Narayana Shastry Road in the city yesterday.

Mysuru-Kodagu MP Yaduveer Krishnadatta Chamaraja Wadiyar, who inaugurated the programme, offered floral tributes to the portrait of Vasudevacharya.

"Sri Prasanna Sitarama Mandira is an abode of heritage art, which has enormously contributed towards nurturing the indigenous musical heritage of Mysuru, by regularly organising music concerts and cultural programmes during Dasara and other occasions," said Yaduveer.

Most of the music scholars were under the tutelage of Vasudevacharya, who shared a close knit bond with Mysore Palace. Being one among prominent music composers of his times, belonging to the legion of disciples of Saint Thyagaraja, Vasudevacharya was a leading composer, said Yaduveer.

Sri Prasanna Sitarama Mandira is one of the heritage buildings of the city, which is adorned with antique artefacts embodying Mysore Style. In the coming days, Pramoda Devi Wadiyar will be brought to this place, under whose guidance, the works on conserving the building, with a modern touch, without compromising on its heritage aspects, will be conceived, assured Yaduveer.

Krishnaraja (KR) MLA T.S. Srivatsa expressed his gratitude to the State Government for Kannada and Culture Department sponsoring the birth anniversary of Mysore Vasudevacharya and thanked former District In-charge Minister, for the gesture.

"Earlier, whoever great music composers came to Mysore, were visiting Mysore Vasudevacharya's house only to show their musical prowess. Hence Mysore Vasudevacharya remains a popular name. Efforts will be made to host the birth anniversary of Mysore Vasudevacharya at Mysore Palace from next year," said Yaduveer.

Assistant Director of Kannada and Culture Department Dr. M.D. Sudarshan, Karnatak vocalist and Musicologist Dr. T.S. Sathyavathi, Vice-President of Bidaram Sri Krishnappa's Prasanna Sitarama Mandira S.K. Lakshminarayan (Babu) and Secretary Raghunandan were present.

Bharatanatyam Rangapravesha

Mysuru, May 29 (CG)- The Bharatanatyam Rangapravesha of Deekshitha Venugopal (daughter of Venugopal & S. Veena), disciple of Guru Vidushi Mithra Naveen, will be held at Jagannatha Centre for Art and Culture in Vijayanagar 1st Stage tomorrow (May 30) at 5.30 pm.

MP Yaduveer Krishnadatta Chamaraja Wadiyar, Joint Director of Kannada & Culture Department V.N. Mallikarjunaswamy, Deputy Director of Mysore Palace Board T.S. Subramanya and Founder of Kala Sandesha Pratishtana Sandesh Bhargav will be the guests of honour.

Music Ensemble: Guru Vidushi Mithra Naveen - Nattuvanga, Vid. Naveen M.S. Andagar - vocal, Vid. Vivek Krishna - flute and Vid. G.S. Nagaraj - mridanga.

Profile: Deekshitha has been learning dance at Nadavidyalaya - Academy of Music and Dance, Hebbal, Mysuru for the past 12 years under the guidance of Vidu. Mithra Naveen.

She completed her Junior and Senior examinations under

Deekshitha Venugopal

KSEEB and Pre-Vidwat exam from Dr. Gangubai Hangal Music University, with commendable results while continuing her post-Vidwat training. Alongside dance, she is trained in classical music under Vid. M.S. Naveen, completing her junior level.

A former student of St. Joseph's Central School and Sadvidya Semi-Residential PU College, she is currently pursuing Environmental Engineering at SJCE, Mysuru.

Hundreds witness Teppotsava of Sri Datta Venkateshwara at Saptarshi Sarovara

As part of the 84th birthday celebrations of Sri Ganapathy Sachchidananda Swamiji, 27th Brahmotsava of Sri Datta Venkateshwara Kshetra and 28th Anniversary of Nada Mantapa, Teppotsava of Sri Datta Venkateshwara Swamy was held in Saptarshi Sarovara at the Ashram premises in Datta Nagar, Nanjangud Road, last night. Hundreds of devotees witnessed Sri Ganapathy Sachchidananda Swamiji perform the rituals in the flower-decorated float.

Guruvandana at Avadhoota Datta Peetham on May 31

Mysuru, May 29 - Arivu Samsthe will be organising a Guruvandana to Avadhoota Datta Peetham Seer Sri Ganapathy Sachchidananda Swamiji on the occasion of Swamiji's 84th birthday celebrations at Nada Mantapa in the Ashram premises on Mysuru-Nanjangud Road on May 31 at 10.30 am.

RSS City Pracharak Naveen, social worker Raghuram Vajpayee, Mysore Hotel Owners Association President C. Narayanagowda, Mysore Chamber of Commerce and Industry (MCCI) President K.B. Lingaraju, Dr. M.P. Varsha of CRED-IT-I, Hoysala Karnataka Sangha President K.R. Satyanarayan, Jeevadhara Blood Bank Director Girish and others will be guests.

WORD OF THE DAY

Ingratiate

Pronunciation: in-GRAY-shee-ayt (verb).
Meaning: To ingratiate yourself with others is to gain their favour or approval by deliberately doing or saying things they will like. Ingratiate is usually used with with, and is often (though not always) used disapprovingly.
Origin: When you ingratiate yourself, you put yourself in someone's good graces in order to gain their approval or favour. While the word ingratiate does not necessarily imply that your behaviour is obsequious or otherwise improper, the word may be used disapprovingly by those who distrust your motives. The word entered English in the early 1600s from the combining of the Latin noun gratia, meaning "grace" or "favor," with the English prefix in-. Gratia comes from the adjective gratus, meaning "pleasing, grateful." Gratus has, over the centuries, ingratiated itself well with the English language as the ancestor of a whole host of words including gratuitous, congratulate and grace.
Example: "In ever greater numbers, Elizabeth's subjects flocked north to ingratiate themselves with the Queen's likely successor." — Tracy Borman, The Stolen Crown: Treachery, Deceit & Death of the Tudor Dynasty, 2025.

THE ODD WORD

Ichthyology
Study of fish.

PHRASE OF THE DAY

Apple of my eye

Meaning: The phrase 'Apple of my eye' is used to describe someone who is highly cherished by you.
Origin: The expression 'Apple of my eye' is ancient. It was first known to have appeared in Old English in an 885 book titled *Gregory's Pastoral Care,* a work attributed to King Aelfred the Great of Wessex.
Example: "I just love Jessie. She's the apple of my eye."

QUOTE BOX

Experience is the teacher of all things.—**Julius Caesar**

RIDDLE THIS

Solve the rebus:

Answer: Broken heart.

SUDOKU

					4		7	
6					2	3		
			5			2		9
7					8		6	
3			2		1			5
	8		6					7
4		5			9			
		6	1					2
	2		4					

Answer to previous puzzle

6	5	3	4	2	8	1	9	7
4	9	1	5	3	7	2	6	8
2	7	8	1	9	6	5	4	3
1	4	9	6	5	3	8	7	2
3	8	7	2	4	1	6	5	9
5	6	2	8	7	9	4	3	1
7	1	5	9	6	2	3	8	4
9	2	6	3	8	4	7	1	5
8	3	4	7	1	5	9	2	6

Sudoku is a number-placing puzzle based on a 9x9 grid with several given numbers. The object is to place the numbers 1 to 9 in the empty squares so that each row, each column and each 3x3 box contains the same number only once. The difficulty level of the Concept is Sudoku increases from Monday to Sunday.

CROSS WORD

ACROSS:

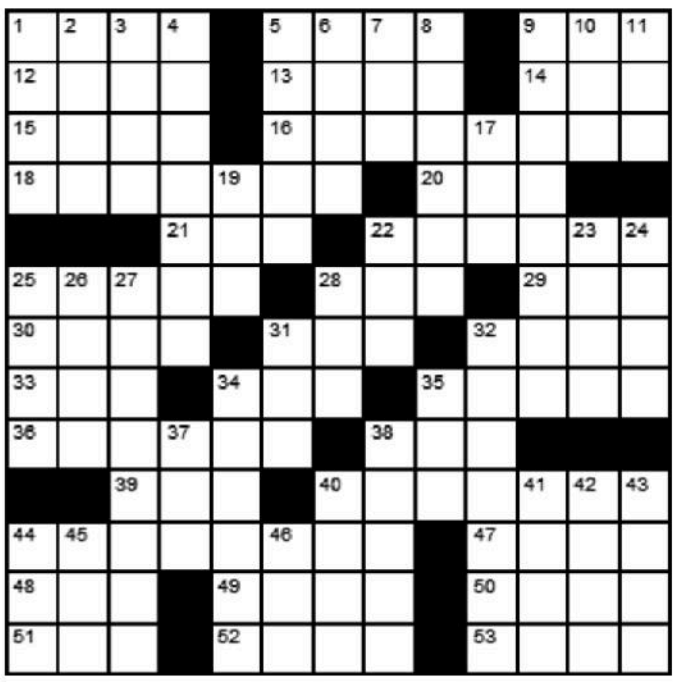
1 ___ state of affairs: unfortunate circumstances (1,3)
5 "Paradise Lost" character
9 A motor vehicle
12 Bollywood's ___ Agnihotri
13 Pop drink
14 Annual maintenance contract
15 In a tizzy
16 Adam's __ __ : Eve was made from this? (5,3)
18 "A A milne" anagram for thin plates or scales or layers?
20 Table scrap
21 A child's plaything
22 Gloomy
25 Drinking-tube
28 Of a dull brown colour
29 Lever for rowing
30 Set off by sea
31 Timothy's petname
32 Facts or data?
33 A conclusion
34 Large vase
35 Polygonal church recesses
36 Very thin
38 Donkey
39 Call of the crow
40 Moved on hands and knees
44 Hawaiian guitars
47 International Air Transport Assoc.
48 The sun
49 Chain of sandy islands in north-eastern Italy
50 Old time Russian ruler
51 Opp. of WNW
52 Legal right
53 Archaic bidding

YESTERDAY'S ANSWER

P	A	P	A	■	F	E	E	D	■	S	K	I
A	A	L	S	■	O	I	L	Y	■	C	A	S
T	H	A	I	■	R	A	I	N	F	A	L	L
■	■	Y	A	R	D	■	■	E	E	R	I	E
S	H	U	N	T	■	G	I	S	T	■	■	■
L	A	P	■	A	H	A	T	■	A	S	C	H
O	U	T	■	■	A	L	E	■	■	L	E	E
B	L	O	W	■	I	A	M	A	■	O	D	E
■	■	■	A	I	R	S	■	D	E	V	I	L
O	R	R	I	S	■	■	P	A	V	E	■	■
V	I	O	L	E	N	C	E	■	I	N	S	T
A	F	T	■	R	I	A	L	■	C	L	A	W
L	E	H	■	E	T	R	E	■	T	Y	R	O

DOWN

1 Asian sea
2 A long story of a family
3 Power source
4 Relating to internet or computer technology
5 Check the ore
6 Inside information (slang)
7 Old time movie Anokhi ___
8 Strand
9 Comic drawings
10 The French friend?
11 Bangalore based IPL team
17 Transgress
19 At the present time
22 She's your parent
23 In no danger
24 Cupid's alias
25 Nav. readings
26 Water container
27 Deride or scoff
28 Racket
31 A score in rugby
32 County town of Suffolk in England
34 Sick or ailing
35 Simile centre (2,1)
37 ___ Sarovar : bird sanctuary in Gujarat ?
38 Setting fire to property
40 To give up
41 Loaf around
42 Greek letters - "seat" changed ?
43 Arrow
44 Make ___ of : employ or apply?
45 Knock outs, abbr.
46 52 in Roman numerals



CRYPTOQUIP

The Cryptoquip is a substitution cipher in which one letter stands for another. If you think that X equals O, it will equal O throughout the puzzle. Single letters, short words and words using an apostrophe give you clues to locating vowels. Solution is by trial and error.

LJ BXQWE OAKDACMM BWF ICCE QCACUT W QWYYCA KJ

UCWFCAMBLO GC MBKXUF IC LE XYKOLW YKFWT.

TODAY'S CLUE: G EQUALS W

Yesterday's Cryptoquip: Good friendships are fragile things and require as much care as any other fragile and precious thing.

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  Lo Naveena (K) - 4 Shows
- **Lido Theatre** — Ph: 2420885
  Athidhi (Te) - 4 Shows
- **Padma Theatre** — Ph: 2521923
  Blast (Ta) - 4 Shows
- **Woodlands Theatre** — Ph: 2422871
  KD (K) - 4 Shows
- **Prabha Theatre** — Mob: 98454-14691
  Kuchuku (K) - 4 Shows
- **Rajkamal Theatre** — Ph: 2423554
  Karuppu (Ta) - 4 Shows
- **Balaji Theatre** — Mob: 98863-25207
  KD (K) - 3 Shows

MOVIES AT DRC CINEMAS Ph: 4240422 4241800

Lo Naveena (K)	(S-1)	10.30 am, 4.15 pm
Karuppu (Ta)	(S-1)	1.05 pm, 7 pm
Drishyam 3 (Ma)	(S-1)	10.05 pm
	(S-4)	7.05 pm
Drishyam 3 (K)	(S-2)	10 am, 9.50 pm
	(S-3)	1.05 pm, 4.15 pm
Blast (Ta)	(S-2)	1.10 pm
Krishnavataram Part 1 (H)	(S-2)	4.10 pm
Kattalan (Ma)	(S-2)	7.15 pm
Michael (E)	(S-3)	10.25 am
Obsession (E)	(S-3)	7.30 pm
	(S-4)	1.30 pm
Karakkam (Ma)	(S-3)	10 pm
Karuppu (Ta)	(S-4)	10 am, 4 pm, 10.20 pm

MOVIES AT MYSURU VISION CINEMAS Ph: 2973519

Karuppu (Ta)	:	1 pm, 6.35 pm, 9 pm
Drishyam 3 (Ma)	:	1.15 pm, 9.15 pm
Drishyam 3 (K)	:	4.10 pm
KD (K)	:	1.20 pm, 6.30 pm
Lo Naveena (K)	:	1.25 pm, 4.15 pm, 6.45 pm
Blast (Ta)	:	3.50 pm, 9.25 pm
Kattalan (Ma)	:	4.05 pm, 9.15 pm

MOVIES AT NEXUS MALL

Drishyam 3 (Ma)	:	10.05 am, 1.20 pm
		7.15 pm, 10.30 pm
Chand Mera Dil (H)	:	10.20 am, 7 pm
Passenger (E)	:	10.20 am, 7.50 pm
Kattalan (Ma)	:	10.30 am, 4.15 pm, 10 pm
Kattalan (H)	:	2 pm, 7.35 pm
Karuppu (Ta)	:	10.40 am, 1.05 pm, 6.50 pm
Lo Naveena (K)	:	11.20 am, 1.10 pm, 4.35 pm
Obsession (E)	:	12.30 pm, 5.25 pm, 10.20 pm
Michael (E)	:	1.50 pm
The Great Grand Superhero (H)	:	2.55 pm, 7.50 pm
Pati Patni Aur Woh Do (H)	:	4.25 pm
Blast (Ta)	:	4.35 pm, 10.10 pm
Krishnavataram Part 1: The Heart (H)	:	4.35 pm
Khalnayak (1993) (H)	:	9.50 pm
Karakkam (Ma)	:	10 pm

MOVIES AT GARUDA MALL

Drishyam 3 (Ma)	:	10.05 am, 4 pm, 10.30 pm
Drishyam 3 (K)	:	1.25 pm, 7.15 pm
Kattalan (Ma)	:	10.40 am, 4.25 pm, 10.10 pm
Karuppu (Ta)	:	10.45 am, 1.15 pm, 7 pm
Lo Naveena (K)	:	10.45 am, 1.20 pm
		4.20 pm 7.40 pm
The Great Grand Superhero (H)	:	1.50 pm, 7 pm
Blast (Ta)	:	4.40 pm, 10.20 pm
Gajanana Cricketers Janthottu Since 1983 (Tulu)	:	9.30 pm

EVENTS TODAY (MAY 29)

- **Sri Avadhoota Datta Peetham - Sri Ganapathy Sachchidananda Ashram:** Hindustani Duet by Pt. Vishwa Mohan Bhatt & Pt. Salil Vishwa Bhatt), accompanied by Pt. Himanshu Mahant on tabla, Ashram premises, Datta Nagar, **7 pm.**
- **Ganabharathi:** Karnatak vocal recital by Vid. Manoj Chintanapalli, accompanied by Vid. Amogh Nadadur on violin and Vid. Vikram Bharadwaj on mridanga, Veene Seshanna Bhavan, Kuvempunagar, **6 pm.**
- **Sri Nadabrahma Sangeetha Sabha, Sri Thyagaraja Sangeetha Sabha and T.R. Mahalingam Samsmarana Vedike:** Music Festival in memory of T.R. Mahalingam, flute concert by Vid. Mysore A. Chandankumar, accompanied by Vid. H.N. Bhaskar on violin, Vid. Arjunkumar on mridanga and Vid. Shrinidhi R. Koundinya on ghata, Sabha premises, JLB Road, **6 pm.**

EVENTS TOMORROW (MAY 30)

- **Sri Avadhoota Datta Peetham - Sri Ganapathy Sachchidananda Ashram:** Sri Chakra Puja, **8 am;** Shanti Kalyana Mahotsava at Sri Datta Venkateshwara Temple, **9 am;** Distribution of Charities to differently abled persons, **10 am;** Rudraksha Ratha Utsava at Sri Datta Venkateshwara Temple, **5 pm;** Hindustani Vocal by Pt. Sanjeev Abhayankar, Ashram premises, Datta Nagar, **7 pm.**
- **Mysuru District Journalists Association (MDJA):** Presentation of pratibha puraskar for SSLC & PUC students and felicitation to senior journalists, Sri Someshwaranatha Swamiji of Sri Adichunchanagiri Mutt, Mysuru Branch, graces the occasion, MLA G.D. Harish Gowda presents pratibha puraskar, MDJA President K. Deepak presides, Karnataka Union of Working Journalists (KUWJ) Secretary Somashekar Keragodu, chief guest, **10 am;** Annual General Body Meeting (AGM) for the years 2023-24 and 2024-25, Rani Bahadur Auditorium, Manasagangothri, **11 am.**
- **Mysore Medical College Alumni Association (MAA):** MAA-Utsav-2026, scientific session, **10 am to 2 pm;** AGM of MAA, Association premises, Platinum Jubilee Auditorium, J.K. Grounds, **2 pm to 5 pm.**
- **Jagannatha Centre for Art and Culture (JCAC):** Releasing of book 'Nanna Hesaru Gauhar Jaan,' the Kannada version of historian **Vikram Sampath's** acclaimed biography of Gauhar Jaan (India's first celebrity singer) — 'My Name is Gauhar Jaan' — Vikram Sampath presents an illustrated Audio-Visual (AV), Mysuru-Kodagu MP Yaduveer Wadiyar chief guest, CIIL's (Central Institute of Indian Languages) linguist and researcher Dr. Narayan Kumar Choudhary guest of honour, JCAC, Vijayanagar 1st Stage, **10.30 am.**

- **Sri Jayadeva Institute of Cardiovascular Sciences & Research, Mysuru and Indian Society for Clinical Research:** International Clinical Trials Day (ICTD)-2026 - Rising Research: Advancing Patient-Centric Care through Evidence-Based Clinical Trials, Sri Jayadeva Institute of Cardiovascular Sciences & Research (Bengaluru) Director Dr. B. Dinesh chief guest, Jayadeva Hospital (Mysuru) Medical Superintendent Dr. K.S. Sadananda guest of honour, JSS AHER Dean (Research) Dr. Prashant M. Vishwanath special guest, Jayadeva Hospital, KRS Road, **10.30 am.**
- **Department of MBA, M.Tech (DCN), and M.Tech (CSE), GSSS Institute of Engineering & Technology for Women (GSSSIETW), Mysuru:** Graduation Day-2026, Rajat Agarwal, MD, Bhoruka Extrusions Pvt. Ltd., Mysuru, chief guest, Shruthi Sudhanva, Executive Director & Chief People Officer, Excelsoft Technologies, guest of honour, Dr. M. Jagannath Shenoy, President, GSSS, presides, M. Govinda Rao Memorial Hall, GSSSIETW, KRS Road, **11 am.**
- **Kalasuruchi:** 'Kathe Kelona Banni-934,' story-telling by L. Narasu, Secretary, Lakku Foundation Trust, Mysuru, Suruchi Rangamane, Kuvempunagar, **4.30 pm to 5.30 pm.**
- **SVYM and GRAAM:** High-level Panel Discussion on 'Mysuru 2050 - Cultural, Inclusive, Sustainable and Competitive Development' featuring top leaders from urban governance, industry and civil society; Reflective Address by Dr. R. Balasubramaniam of SVYM on 'From Grassroots Action to Nation Building,' Swami Muktidanandaji of Sri Ramakrishna Ashram graces the occasion, Industrialist R. Guru, H.D. Kote Tribal Chieftan Mudali Madaiah and SVYM Bangalore President Dr. B. Sudheer chief guests, Viveka Smaraka, Narayana Shastry Road, **5 pm to 7.30 pm.**
- **Nadavidyalaya:** Bharatanatyam Rangapravesha of Deekshitha Venugopal (daughter of Venugopal & S. Veena), disciple of Guru Vidushi Mithra Naveen, accompanied by Guru Vidushi Mithra Naveen on nattuvanga, Vid. Naveen M.S. Andagar on vocal, Vid. Vivek Krishna on flute and Vid. G.S. Nagaraj on mridanga, Jagannatha Centre for Art and Culture (JCAC), Vijayanagar 1st Stage, **5.30 pm.**
- **Music Programme:** Kannada Musical Evening by Pooja Rao's troupe, Tambuli Mane, Ramakrishnanagar, **5.30 pm.**
- **Akhila Bharata Sharana Sahitya Parishat, Mysuru City Unit:** Vachana Sangeethotsava, Nrupatunga Kannada School Secretary Prof. H.G. Krishnappa inaugurates, Parishat Mysuru City Unit President Dr. Jayappa Honnali presides, Vachana Gayana by Vidu. Sumangala Jangamashetty and Vidu. Shubha Raghavendra & troupe, Rama-Govinda Rangamandira, Ramakrishnanagar, **5.30 pm.**
- **Sri Guru Puttaraja Sangeetha Sabha, Mysuru:** Pt. K.S. Hadapada's 20th Punya Samsmarane, conferring of 'Pt. K.S. Hadapada Award' and Music Programme, Mass Tabla Recital, **5.30 pm;** Sri Paramahamsa Vidyaniketana Trust Advisor K.N. Naveen Kumar inaugurates, ex-Corporator M.V. Ramprasad presides, wrestler Shankar S. Kaligonnawar will present award to Pt. Rajendra Nakod, Bengaluru, **6 pm;** Flute recital by Antara Bhat, Bengaluru, accompanied by Arun Bhat, Bengaluru, on tabla, **7 pm;** Tabla Solo by Pt. Rajendra Nakod, accompanied by Bhimashankar Bidanur on lehra, Ganabharathi, Kuvempunagar, **7.30 pm.**
- **Sri Nadabrahma Sangeetha Sabha, Sri Thyagaraja Sangeetha Sabha and T.R. Mahalingam Samsmarana Vedike:** Flute concert by Vid. Rakesh Sudhir in memory of T.R. Mahalingam, Vid. M.D. Arjun on violin, Vid. Pranav Subrahmanya on mridanga, Sabha premises, JLB Road, **6 pm.**

MOVIES AT MALL OF MYSORE

Kattalan (Ma)	:	10.10 am, 4.55 pm, 10.10 pm
Karuppu (Ta)	:	10.15 am, 3.40 pm, 10 pm
Drishyam 3 (Ma)	:	10.50 am, 7.05 pm, 9.30 pm
Drishyam 3 (K)	:	11.45 am, 3 pm, 6.15 pm
KD (K)	:	12.45 pm
Blast (Ta)	:	1.25 pm, 10.20 pm
September 21 (K)	:	2.05 pm
Lo Naveena (K)	:	4.25 pm, 7.30 pm
Gajanana Cricketers Janthottu Since 1983 (Tulu)	:	6.50 pm

MOVIES AT CENTRO MALL

Drishyam 3 (Ma)	:	11.15 am, 2.30 pm
		5.45 pm, 9 pm
Drishyam 3 (K)	:	6.15 pm
Gajendra C/o Doddarasinakere (K)	:	11.55 am
Kattalan (Ma)	:	11.55 am, 2.30 pm
		7.25 pm, 10 pm
Blast (Ta)	:	12.35 pm, 6.45 pm
Gajanana Cricketers Janthottu Since 1983 (Tulu)	:	3.05 pm
Karuppu (Ta)	:	3.35 pm, 9.45 pm
Karakkam (Ma)	:	5.05 pm
Athiradi (Ma)	:	9.30 pm

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